

United Martial Arts of Maryland

Brown Belt

Techniques

1. Locking Limb
2. Butterfly Throw
3. Arm Bar
4. Thumb Bend
5. Wings of Death
6. Dragon's Fire
7. Reverse Back Snap
8. Cross-arm Choke takedown
9. Arching Ram's Head
10. Rapid Fire Fists
11. Descending Claw
12. Breaking Trunk

Katas

1. Short Form III
2. Black & White (Two People)

Weapons Katas

1. Double Short Staff

Weapons Techniques

Knife

1. Knife Clutching Feathers
2. Streaking Stars
3. Snapping Blade

Club

1. Breaking Club
2. Stinging Club
3. Thrusting Club

Gun

1. Self Destruction
2. Obscure Gun
3. Snapping Gun

Vital Points

