

# ***United Martial Arts of Maryland***

## ***Children's Green Belt B***

### **Weapons Techniques**

#### **Gun**

- 1. Locking Gun**
- 2. Instant Death (Gun Holdup)**

#### **Chain**

- 1. Wrapping Chain  
(Overhead Attack)**
- 2. Circling Chain  
(Roundhouse Attack)**

#### **Knife**

- 1. Averting Death  
(Straight Thrust)**
- 2. Thrusting Hoof  
(Straight Thrust)**
- 3. Guiding Spear  
(Overhead Attack)  
(Knife Holdup)**
- 4. De-fanging the Snake  
(Straight Thrust)**

#### **Club**

- 1. Evading the Storm  
(Overhead Attack)**
- 2. Calming the Storm  
(Roundhouse Attack)**

### **Katas**

- 1. Short Form II**
- 2. Long Form II**

### **Weapons Katas**

**Advanced Nuchuckas**

