

Frequently Asked Questions
Carroll Manor & Cockeysville Recreation
United Martial Arts of Maryland Karate Programs

What style of martial arts is UMAM?

UMAM's style of karate is a mix of American Kenpo Karate, Tang Soo Do, Ju jitsu, (Chin Na), and Judo.

What are the Belt Ranks?

There are 9 ranks, which are: White, Advanced White, Yellow, Orange, Purple, Blue, Green, Brown, and Black. There are additional ranks for the Children's Program, for kids under the age of 12. Average time for earning a Black Belt is about 5 to 7 years.

What is the cost of the Program?

The cost of the program is \$70 for each 8 week program at either location. There are shorter length programs that do occur during the calendar year, and the price for those programs are determined by the number of weeks covered by the program.

Where are the locations?

There are currently 2 locations, Paper Mill Recreation Center, 3101 Paper Mill Road, Phoenix, Maryland 21131, (Carroll Manor) and Warren Elementary School, 900 Bosley Road, Cockeysville, MD 21030, (Cockeysville).

Are there any additional costs?

Yes, there are additional costs associated with the program. Uniforms are \$35 each, but are not needed right away. A uniform is required for the first test, which is Advanced White. The time required to move up to this rank is about 4 to 6 weeks after starting the program.

The other costs are for Belt Testing Fees, which start at \$25 for Advanced White, and progress by \$5 until Black Belt. Then there is the cost of various equipment that you might need, which varies upon source and quality. Most of the items can be purchased through the school.

Is there a minimum age to start training?

Both programs have a minimum age of 8 years old to start Martial Arts training. We will accept children that are close to 8, however. Those children are accepted on a case by case basis.